

SAMMIE LYNN FORBES

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sammieforbes.com

Education

Bachelor of Performing Arts in Dance Performance

Oklahoma City University

Graduated spring of 2024

Relevant Course Work

Choreography Performance (was a part of choreographing and creating SCShow 23), Tap/Jazz/Ballet Pedagogy, Arts Management and Production I & II, Choreography Theory, Choreography Production, Costume Lab, Microeconomics, Anatomy & Physiology for Dancers

Experience

YMCA Metropolitan Dallas- Coppell Town Center (summer 2021)

Pre-K Day Camp Counselor

- Was solely responsible for the safety of 10-15 preschool age children at all times.
- Organized and memorized every allergy and medication of over 35 students.
- Calmly cared for sick/injured children while simultaneously distracting other preschoolers from incident.
- Communicated and resolved complaints with parents and discussed solutions for behavioral issues.
- Trusted with taking authority and leading any age group out of 150+ kids.
- Quickly trained and learned the rules childcare on the job

Top Hat Dance Centre Inc. (2016-2020)

Dance Teacher & Assistant teacher

- Required quick thinking skills, creativity, authority, organization skills, multitasking skills, energetic personality, and high level of patience
- Communicated and handled situations with parents
- Memorized numerous dances on the spot
- Quickly planned and organized entire classes for all levels last minute when was needed as a substitute

54th Street- The Colony TX (summers 2022-24)

Server & express worker

- Used proper customer service skills to handle complaints and difficult situations with customers.
- Quickly used problem-solving skills to fix complications before requiring a manager.
- Used multi-tasking skills to take orders, remember details, and run food for multiple tables at once.
- Worked as a team in a fast-paced environment helping coworkers tables and closing the restaurant.
- Showed adaptability and flexibility working morning, night, weekend, and holiday shifts as a server, express, runner, host, dining, or bar side.
- Handled cash & change, has experience upselling menu items, and trained new servers & runners.

Awards & Involvements

Volunteered: Discovery Village at Castle Hills (nursing home), Hands of Hope - Kathryn S. McWhorter Elementary, Westley United Methodist Church, Sisu Youth Services Homeless Shelter for Teens, Miracle Marathon, Organized food pantry, Built beds for kids with Sleep in Heavenly Peace

Performer for: OCU PEP, OCU Star Dancers, REP company, OCU Star Dance Company, American Spirit Dance Company

CPR/AED/First Aid Certified (May 2021)

Leader of organization: "Meme's Angels" - raised \$18,645 for the Breast Cancer Research Foundation

Skills

Strong work ethic, written and verbal communication, adaptable, accountable, creative, drivers license.